



FY 22-23
Annual
Impact
Report

We promote healing, hope, and empowerment through education and comprehensive physical and mental health services. Our focus is on **maternal health** and **support for girls in foster care**.

# Everyone deserves a place to feel safe

Crittenton provides residential programs for pregnant adolescents and adults, teen mothers and their babies who are both in foster care, and young women who are transitioning out of the foster care system.

### Crittenton's Goals

- Safe transitional housing and access to affordable housing options
- Healthy pregnancies and births
- Access to substance use disorder treatment and prevention
- Stabilize mental health challenges
- Reduce reliance on social and health welfare systems
- Improve academic performance, vocational skills and financial literacy
- •Provide interventions in a safe and supportive space

#### **Program**

#### **Details**

#### **Outcomes**

## Maternity **Program**

The Maternity Program is our largest and oldest program that offers access to prenatal and health care, counseling, vocational and educational services, parenting and childbirth education, case management and trauma responsive programming.

Served 59 mothers-to-be and their unborn children for 4,248 days of care

- 100% of mothers accessed prenatal care
- 22 babies born in our care
  - o 95% born drug-free
  - 59% had birth weights ≥
    5.5. lbs.
  - 68% had APGAR scores ≥
     7 at 5 minutes after birth
    - 7 babies were born prematurely and were in the NICU

#### Sarah's House

Sarah's House is a residential mother-child program that supports young mothers and their children who are both in foster care. Mothers prepare for independent living with a focus on parenting, education, and life skills.

Served 11 young moms and 11 children in foster care for 4,218 days of care

- 100% of children received developmental care and were up to date on health check-ups
- 100% of moms learned hands-on parenting skills

# Legacy Hall Independent Living

Legacy Hall teaches independent living skills to adolescent females in foster care. This program helps young women develop educational, vocational, life, and social skills that facilitate positive life outcomes.

Served 16 girls in foster care for 3,147 days of care

- 100% of school-age clients increased school attendance and/or academic performance
- 5 clients graduated high school and will attend college/trade school

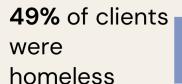
#### Aftercare Parenting Education Program (APEP)

The Aftercare Parenting
Education Program (APEP)
provides home visitation and
continued services and resources
for former Maternity and Sarah's
House clients once they transition
back into the community.

Served 23 families (65 individuals)

- 100% of children met developmental milestones
- 93% of mothers prevented future unplanned pregnancies
- 75% maintained stable housing

#### Who We Serve



**44%** of clients were in foster care

84%

of clients reported having experienced physical, sexual or emotional abuse

46%

tested positive for drugs at admission

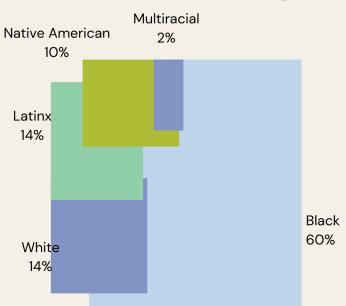
of Maternity clients had not received prenatal care prior to admission

37%

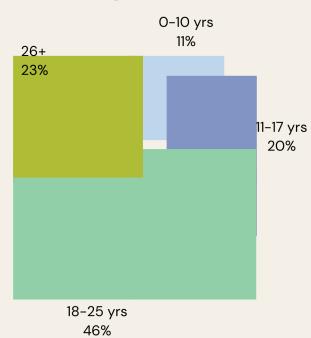
of clients had a history of substance abuse

60%

#### Race & Ethnicity



#### Ages



#### **Outcomes**



Of clients received:

- safe and secure housing
- regular, nutritional meals
- access to prenatal, health and mental health care
- substance use disorder prevention or treatment
- individualized support and counseling



hours of comprehensive childbirth and parenting classes



clients gained employment



life skills classes were offered



hours of vocational training:

- 7 resume building classes
- 5 financial literacy workshops
- 7 mock interviews
- 5 interview preparation and counseling sessions

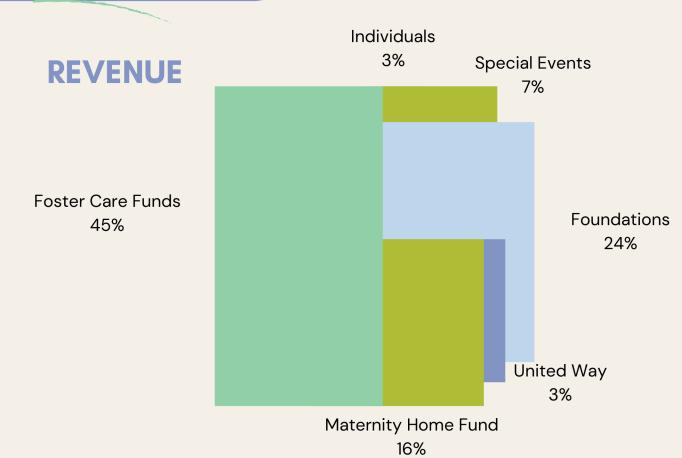
## Vision for the Future Capital Campaign

The Vision for the Future Capital Campaign launched in 2020 with a goal of \$3.5 million to purchase our new, 37,000 sq. ft. facility. To date, we have raised 84% of our goal and continue to make tremendous progress each day! Our new location in West Charlotte has allowed us to explore new community partnerships, expand resident capacity and provide updated technology and services.





### **Finances**





# Thank you to all of our donors, sponsors, & volunteers for your generous support!



Without the support of our Board of Directors, staff, donors, sponsors, and volunteers, we wouldn't be able to serve the many women, girls, and children in need who pass through our doors. You truly make a difference in the lives of the women, girls and children we serve, and have a positive impact on our community!