#### FY 22-23

## CREATING BETTER TOMORROWS

Annual Impact Report

Crittenton of North Carolina 704-372-4663 www.crittentonofnc.org

Crittenton's mission is to promote healing, hope and empowerment by providing comprehensive health, counseling, and education services for single pregnant and non-pregnant adolescents and women, mothers and their babies in the foster care system.

Everyone deserves a place to feel safe

Crittenton provides residential programs for pregnant adolescents and adults, teen mothers and their babies who are both in foster care, and young women who are transitioning out of the foster care system.

**Crittenton's Goals** 

- Safe transitional housing and access to affordable housing options
- Healthy pregnancies and births
- Access to substance use disorder treatment and prevention
- Stabilize mental health challenges
- Reduce reliance on social and health welfare systems
- Improve academic performance, vocational skills and financial literacy
- Provide interventions in a safe and supportive space

#### Program

#### Details

#### Outcomes

#### Maternity Program

Sarah's

House

The Maternity Program is our

Sarah's House is a residential

children who are both in foster

supports young mothers and their

independent living with a focus on

parenting, education, and life skills.

mother-child program that

care. Mothers prepare for

largest and oldest program that offers access to prenatal and health care, counseling, vocational and educational services, parenting and childbirth education, case management and trauma responsive programming. Served 59 mothers-to-be and their unborn children for 11,613 days of care

- 100% of mothers accessed prenatal care
- 22 babies born in our care
  95% born drug-free
  - 59% had birth weights ≥ 5.5. lbs.
  - 68% had APGAR scores ≥
    7 at 5 minutes after birth
    - 7 babies were born prematurely and were in the NICU

Served 11 young moms and 11 children in foster care for 4,218 days of care

- 100% of children received developmental care and were up to date on health check-ups
- 100% of moms learned hands-on parenting skills

Legacy Hall Independent Living **Legacy Hall** teaches independent living skills to adolescent females in foster care. This program helps young women develop educational, vocational, life, and social skills that facilitate positive life outcomes. Served 16 girls in foster care for 3,147 days of care

- 100% of school-age clients increased school attendance and/or academic performance
- 5 clients graduated high school and will attend college/ trade school

Aftercare Parenting Education Program (APEP)

#### The Aftercare Parenting Education Program (APEP)

provides home visitation and continued services and resources for former Maternity and Sarah's House clients once they transition back into the community. Served 23 families (65 individuals)

- 100% of children met developmental milestones
- 93% of mothers prevented future unplanned pregnancies
- 75% maintained stable housing



#### Outcomes



Of clients received:

- safe and secure housing
- regular, nutritional meals
- access to prenatal, health and mental health care
- substance use disorder prevention or treatment
- individualized support and counseling

hours of comprehensive childbirth and parenting classes



22

clients gained employment



life skills classes were offered



hours of vocational training:

- 7 resume building classes
- 5 financial literacy workshops
- 7 mock interviews
- 5 interview preparation and counseling sessions

### Vision for the Future Capital Campaign

The Vision for the Future Capital Campaign launched in 2020 with a goal of \$3.5 million to purchase our new, 37,000 sq ft facility. To date, we have raised 84% of our goal and continue to make tremendous progress each day! Our new location in West Charlotte has allowed us to explore new community partnerships, expand resident capacity and provide updated technology and services.







# Thank you to all of our donors, sponsors, & volunteers for your generous support!



Without the support of our Board of Directors, staff, donors, sponsors, and volunteers, we wouldn't be able to serve the many women in need who pass through our doors. You truly make a difference in the lives of the women, girls and children we serve, and have a positive impact on our community!

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